



AUTUMN 2026

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CROPREDY SURGERY

NEWSLETTER

Protected Learning Time (PLT)

Please note the new PLT dates:

2nd December 2026

2nd February 2027

The surgery will be **closed & doors locked** from 13:00 to 18:30 on these dates. During this time, please call **NHS 111** or in an emergency call **999**.



Welcome

We're delighted to welcome **Kim**, our new Patient Co-ordinator, who has joined our Reception Team. And a equally warm welcome to **Michelle**, our new Dispenser, who has joined our Dispensary Team. We're very happy to have them both on board.

Why Screening Matters

Screening plays an important role in looking after our health. It can help identify changes or early signs of certain conditions, sometimes before you notice any symptoms yourself. Finding things early can make a real difference and, where appropriate, allow treatment or support to be offered sooner.

We know that screening can sometimes feel daunting, and you may have questions about what to expect. That's why our wonderful nursing team have created three short videos to help explain the different screening programmes in a simple and easy-to-understand way.

Our nurses have recorded separate videos covering: **Breast Screening, Cervical Screening, Bowel Screening.**

These videos explain why screening is important, what you can expect and answer some of the questions you may have. We really encourage you to take a few minutes to watch them. Taking part in screening when you are invited is one of the positive steps you can take towards looking after your health.

Watch our screening videos here: <https://www.cropredy-surgery.co.uk/service>



Flu Vaccination Update

A huge **thank you to everyone who came along to our Saturday flu clinic** - we gave an amazing **877 flu vaccinations!**

If you are eligible for a flu vaccination and haven't had yours yet, we still have some availability so please give us a call to book your appointment.

Thank you for helping us protect our community this winter.

Blood Pressure checks made easy!

Some of you may have already noticed our brand new self-service blood pressure (BP) monitor in the waiting room. If you have been asked to check your blood pressure, or would simply like to have it checked, you are welcome to pop into the surgery and use the machine.

It's **quick, simple and easy to use**, and you don't need an appointment.

Once you have taken your reading, the machine will print out your results. Please hand the printout to our reception team so that we can check the reading and add it to your medical record.

Please remember to write your **full name and date of birth** on the printout before handing it in.

It's a quick and convenient way to keep an eye on your blood pressure and help us keep your health records up to date.

Help Us Make Every Appointment Count

In September, **64 appointments were missed** at the surgery, representing almost **17 hours of appointment times** which could have been offered to other patients.

We understand that if your plans change and you are unable to attend or no longer need your appointment, **please let us know and cancel it as soon as possible**. Your cancellation would enable us to see another patient earlier. **Thank you for helping us make every appointment count.**

NHS App

The **NHS App** helps you to get well, stay well and manage your healthcare. It's a simple and secure way to:

- **request repeat prescriptions**
- **see your test results and appointment notes**
- **find NHS services**
- **receive messages about your care**

Download the NHS App today or find the same services on the NHS website: www.nhs.uk/nhs-app/

Adventures of our Amazing Cropreddy Surgery Staff

Congratulations to **Dr Elin Cox on completing the Weymouth 70.3 Ironman**.

A fabulous achievement!



Opening Hours

Monday: **0800 to 1915**

Tuesday, Thursday and Friday: **0800 to 1830**

Wednesday: **0730 to 1830**

Closed: **Saturday and Sunday**

<https://www.cropreddy-surgery.co.uk>