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SURGERY MATTERS

ISSUE 42

SUMMER 2022

NEWS FROM THE SURGERY

We are still busier than ever with an increase in our patient numbers and a huge surge in patient demand.

Practice changes to report

We have a new receptionist starting this month, welcome Sam. The new recruits on reception have enabled us to put in place new efficient working practices for staff now working in the back office. Things seemed to have settled on the staff front and we look forward to longevity and stable staffing levels.

We have had some staff go off with COVID this month, please be mindful when coming to the practice if you are displaying any symptoms. The knock on effect of COVID can be debilitating to the practice and the levels of service we are able to provide when staff and doctors are unwell.

Medicine Requests

Cropredy Surgery is implementing a few small changes to medicine requests. If some medicines are available over the counter, we will encourage you to go and buy them and not request a prescription for them. If a medicine is not on your repeat list, it will not be authorised. You will be sent a text or contacted in some other way, regarding what you will need to do.

Patient Participation Group (PPG)

Please speak to us if you are interested in joining the PPG. A Patient Participation Group (PPG) is a group of people who are patients of the surgery and want to help it work as well as it can for patients, doctors and staff.

Your Data Matters to the NHS

You can choose whether your confidential patient information is used for research and planning. For more information ask reception for a leaflet or go to:
[https://
www.nhs.uk/your-
nhs-data-matters/](https://www.nhs.uk/your-nhs-data-matters/)



Please read our guide to staying safe in the sun on Page 2.

Don't forget to drink lots of water and use a sunscreen!!

Don't forget to read the Cropredy Surgery Blog on our Facebook page (also on our website)

FOCUS on CANCER

Cropredy Surgery is committed to decreasing preventable cancers in our patients. We text all our patients that are coming of age for cervical, breast and bowel screening. Please book these free screening services when they are offered

COVID Vaccine Spring Booster Programme

The vaccine programme for the Spring Boosters is done and up to date. Watch the space for further COVID Vaccine updates as we go through the year.

FLU VACCINATION PROGRAMME 2022

Updates to follow as we have them.

SURGERY CLOSURE FOR STAFF TRAINING/MEETINGS

2022

We now have regular staff and clinical meetings at lunchtime between 1-2pm

FACE MASKS IN GENERAL PRACTICE

COVID is still a big risk to General Practice

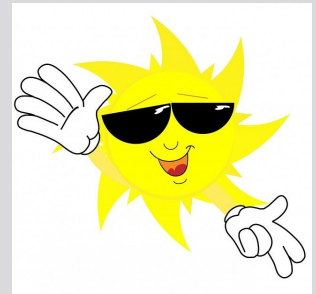
Face masks may not be mandatory now but we do encourage you to continue to wear masks when you attend the GP Practice.

PLEASE DO NOT ATTEND THE SURGERY IF YOU HAVE COVID SYMPTOMS OR A POSITIVE TEST RESULT

WARMER WEATHER

Tips for coping in hot weather

- look out for those who may struggle to keep themselves cool and hydrated – older people, those with underlying health conditions and those who live alone are particularly at risk
- stay cool indoors – many of us will need to stay safe at home this summer so know how to keep your home cool
- close curtains on rooms that face the sun to keep indoor spaces cooler and remember it may be cooler outdoors than indoors
- if going outdoors, use cool spaces considerately, keep your distance in line with social distancing guidelines
- follow coronavirus social distancing guidance and wash your hands regularly
- drink plenty of fluids and avoid excess alcohol
- never leave anyone in a closed, parked vehicle, especially infants, young children or animals
- try to keep out of the sun between 11am to 3pm
- walk in the shade, apply sunscreen regularly and wear a wide brimmed hat, if you have to go out in the heat
- avoid exercising in the hottest parts of the day
- make sure you take water with you, if you are travelling
- if you are going into open water to cool down, take care and follow local safety advice



Please don't forget to update the surgery if you change your home or mobile number or if you move home.